

MASSAPEQUA DERMATOLOGY, PLLC

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Chemical Peel Aftercare

What to expect:

- The day after the procedure, skin may feel tight
- 3 to 14 days out, flaking and peeling may occur, although not required to achieve optimal results
- All peel procedures may cause sensitivity to heat and sun for several days
- Follow post-peel care routines for optimal results

Post-procedure care:

- Avoid sun exposure by wearing protective clothing and sunscreen
- Do not rub, scratch or pull on the areas that were treated
- Avoid using products with retinoids, AHAs or BHAs until skin has completely healed
- Do not use scrubs or abrasive cleansers
- Wait a minimum of 2 hours before contact with water