

MASSAPEQUA DERMATOLOGY, PLLC

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Post Suture-Removal Instructions

- If the steri-strips do not come off in 4-5 days they should be gently removed.
- Begin wearing SPF every day on the surgical site.
- For the next 2 weeks after the steri-strips come off, apply aquaphor twice daily (SPF may be applied before aquaphor).
- After the 2 weeks of aquaphor application, begin applying Mederma with SPF 30 scar cream twice daily to minimize the appearance of the scar.