

MASSAPEQUA DERMATOLOGY, PLLC

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DR. MARTIN KESSLER'S WOUND CARE INSTRUCTIONS

- After surgery, do not do anything that requires you to bend, strain, lift or cause exertion for the next 2 weeks. No alcohol for 48 hours after surgery. Keep the initial dressing dry and do not remove it.
- **IF BLEEDING STARTS:** Apply continuous firm pressure on the area for 30 minutes without removing the bandage. If bleeding persists, hold continuous pressure for an additional 30 minutes. If the dressing becomes saturated, it may be replaced with another bandage. If bleeding does not resolve after 1 hour contact the office immediately at 516-799-1600.
- **FOR PAIN:** Take 1-2 Extra Strength Tylenol (or Advil if it is well tolerated) every 6 hours as needed.
- **ONLY IF THE STRIPS COME OFF:** You may apply bacitracin and a bandage daily until your sutures are removed. However, removal of the strips should be avoided if possible.

IF YOUR WOUND BECOMES RED, WARM, PAINFUL, BEGINS TO DRAIN (PUS), BLEEDS FOR OVER 1 HOUR, OR IF YOU DEVELOP FEVER OR CHILLS, PLEASE CONTACT THE OFFICE IMMEDIATELY AT 516-799-1600.

Post-op visit date: _____