

MASSAPEQUA DERMATOLOGY, PLLC

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PRP Aftercare Instructions

- No washing, massage, direct pressure on scalp for 24 to 72 hours (24 is critical period).
- No exercise or heavy lifting for 24 hours, no restrictions in regards to bending or sleeping.
- No hats.
- When you wash your hair, wash the hair not the scalp - return to normal washing after 72 hours

If you have any questions or concerns, please do not hesitate to contact the office at 516-799-1600 at any time.